



## 200 Orphanages Worldwide.org

Relindis Moffor, Executive Director with Angel of Mercy traveled to Cameroon last November to deliver gifts and check on the children. Angel of Mercy is profiled on [www.200orphanagesworldwide.org](http://www.200orphanagesworldwide.org) and shared her update with us.

By Relindis Moffor

This was one of the most successful trips I have made to Cameroon. I say it was the most successful because of the following accomplishments.

**ORPHANAGE PROJECT:** I visited the orphans and children who are living in poverty and enrolled in the "Angel of Mercy" scholarship and education program at their respective schools. I taught the Little Angels new songs and poetry. We had a little Xmas party and I gave them Xmas gifts and school supplies. I met their teachers and discussed their progress and needs for the remainder of the academic year. I also brought them lunch and gave them some writing materials. I screened ten more children in one of the schools to be enrolled in to the program.

**VISIT TO THE BAMBUI HEALTH CARE CENTER:** I visited the Bambui Health Center (village where my office is located) and gave Xmas gifts to five new born babies at the health center. I took pictures with the mothers and babies. One of the mothers is a psychiatric patient who is homeless and virtually lives at the Health care Center. This is her sixth child, the nurses told me. Her babies have been adopted by the Reverend Sisters. Every time, she gets out of the hospital, she is raped and becomes pregnant. She comes to the health care center delivers the babies, breastfeed for while, and then runs off with the baby. Because of her mental health, she does not understand the concept of child care or basic living.

### HIV/AIDS PROJECT

I completed a "head to toe" nursing assessment on one hundred HIV/AIDS patients who are enrolled in "Angels of Mercy". Prior to going to Cameroon, I had done viral load testing on sixty patients. I reviewed their test results with them for the viral load and CD4 count tests. I did education on "Positive Living" with HIV/AIDS and stigmatization. I reviewed their medication and did education on medication compliance and side effects, drug to drug interaction (traditional medicine and western medicine). I focused on their anti-retroviral medications. I also gave them multivitamins and immune system booster agents to help boost up their immune system to fight the disease. In this group, I have ten children who are orphans and are HIV/AIDS positive.

## Meet Binyui Tangole and Her Brother



Binyui Tangole is six years old. The child on her back is her little brother. His name is Igisighik Minsi. He is three years old. They have no other brothers or sisters.

Their parents used to live in the inner villages of Babungo. Both parents died of HIV/AIDS. The children were being cared for by the villagers after their parents died. Finally, their maternal grandmother, who is the only relative they have alive took them to her home in Bambui; and brought them to "Angel of Mercy" for help. They are now in a new village living with their grandmother; hoping to make new friends and find love from the neighbors.

The grandmother does subsistence farming behind her home for a source of food. The children are not in school because she cannot afford to send Binyui to school.

Binyui and her brother, Igisighik will be able to go to school next year Sept. 2009 with the help of "Angel of Mercy".

## TRIP TO CAMEROON CONTINUED

### WORLD AIDS DAY DECEMBER 1<sup>ST</sup> 2008

December 1<sup>st</sup> 2008, was the national World AIDS Day. There was a program designed on this day to do sensitization on and free screening for HIV/AIDS. "Angel of Mercy" participated with other Volunteers from overseas to celebrate this day. I gave a speech to four hundred children at the college and university who attended this celebration.

After this morning event I celebrated World AIDS day in my office with the office staff, the patients and anyone who stopped by the office to recognize us for the work we do.

### NURSING EDUCATION PROJECT

I lectured the nurses of St. Jude Nursing School on PAIN. (Identification of pain Symptoms, Pain Rating, Pain Management and pain control). I donated some medical equipment to the school (pulse oximeter, stethoscopes). I worked with the graduate nurses on completion of job applications process and advice them on volunteering at the local Health Care Centers.

### BUILDING RELATIONSHIPS

*I visited the following governmental offices*

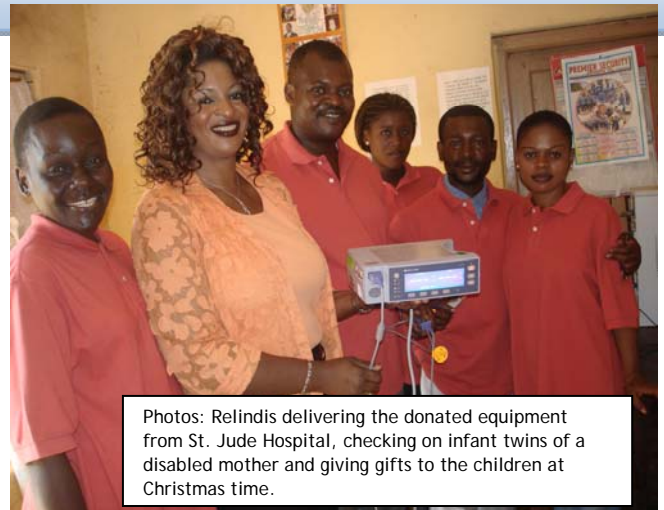
- The newly appointed Divisional officer of the Tubah Sub division,
- The Mayor of Tubah Sub Division
- The 2<sup>nd</sup> Assistant Divisional officer of Mezam Division
- The newly appointed Medical Director of the Tubah Sub Division.
- The Fon of Babanki
- The Fon of Nsongwa
- The Fon of Bambui
- The Brigade commander and the gendarmes
- The Medical Director at the Bamenda General Hospital
- The Secretary General of CATTU (Cameroon Teachers Trade union).

### NEW PROJECTS

I started a Micro-Financing Project (MFP) with some of the members of the "Angel of Mercy" support group. The purpose of this was to assist them start some small projects that will give meaning to their lives, developing them toward some economic and social stability. These projects will also help them raise funds that can be used to help the other very sick patients.

### THE AGRICULTURAL SHOW EVENT IN TUBAH

Amongst the farmers who competed during the Agricultural show were two participants from "Angel of Mercy"; an employee by the name of Mr. Akongbo Linus and one of the patients of the support group, both won first prizes in these competitions. I participated in awarding the prizes to the winners with the other dignitaries in Tubah Sub Division. There were over 100 competitors.



Photos: Relindis delivering the donated equipment from St. Jude Hospital, checking on infant twins of a disabled mother and giving gifts to the children at Christmas time.



Angel of Mercy as profiled on [www.200orphanagesworldwide.com](http://www.200orphanagesworldwide.com).

**Donate To This Project!**  
**Call 320-257-0774 For More Info.**

Relindis Moffor was introduced to [www.200orphanagesworldwide.org](http://www.200orphanagesworldwide.org) by a mutual friend Mary Tjosvold, CEO of [Mary T. Incorporated](http://www.MaryT.Incorporated.com), Coon Rapids Minnesota. The funds need for the project is approximately \$100,000. They already have 4 acres of land, near lots of vegetation, close to church, a health center, and a school. They are in the preliminary stages of developing the site that is approximately 10 miles from the main town in Bermanda. They desire to build a 16,200 square foot courtyard style facility with single level bedroom building, 4 children to a room with shower and toilet, a staff room, a central storage, kitchen, office, and laundry building. Please support this project with a large donation. Will you help?